# C LOCAL FRST ARIZONA 

## Understanding Your Bottom Line: Strategies for Lowering Costs and Increasing Profits

IF YOU DON'T KNOW YOUR NUMBERS YOU DON'T KNOW YOUR BUSINESS

## Traditional Profit Models and Formula

## Basic Business Formula:

Revenue - Expense $=$ Profit

- How do we increase profit?
- Increase revenue and hold expenses
- Hold revenue and decrease expenses


## A New Way to Think About and View Profit

- The basic business formula has been:
- Revenue - Expense = Profit
- Does this traditional thinking still hold up?
- A different perspective:
- Revenue - Profit = Expense
- Promotes budgeting
- Promotes attention to expense
- Promotes paying yourself first


## Types of Costs

- Direct costs are what you pay outright for the food as well as costs related to portion sizes and food waste. Rent or booth rental at a market or event are direct costs also.
- Indirect costs are the things you pay for that aren't ingredients. This is part of your operation that adds to the value and quality of your food - think table décor, ambiance, lighting, etc.


## Types of Costs

- Overhead expenses are what it costs to run your restaurant such as your marketing strategy and utilities.
- Labor expenses are part of your indirect costs. For example, if you are cooking a labor-intensive dish, you want to raise the price to accommodate the extra prep time and labor costs.


## What Can Affect Our Costs?

- Volatile food costs usually account for what you pay for meat, fruits and vegetables as the prices for these items can fluctuate due to the seasons.
- Service costs can raise or lower the prices of your menu depending on the type of restaurant. For example, you can charge less at a casual restaurant because you spend less on service. If your restaurant is fine dining, the prices go up. Don't over-price here - make sure the price fits the quality of your service.


## What Can Affect Our Costs?

- Pricing boundaries involve knowing the lowest and the highest amount you can charge for your menu item. For example, if you add a steak to your menu, know that you want to charge between $\$ 15-25$ for it. Know your profit margin for both ends of the spectrum. Then, research your market to know what they'll pay.
- In what ways can we do market research? How is it most beneficial?


## Expense Control

Every expense dollar saved becomes a dollar of profit!

- Food cost
- Is your COGS 33\% or less?
- Labor cost
- Is it $35 \%$ or less?
- Use less labor by changing methods
- Do your prime costs equal $60 \%$ or less?
- Materials and labor used in production
- Facility cost?
- Can you take advantage of utility incentives?
- Can you push CC processing costs to customer?
- Insurance?
- Continually review your expenses and look for savings


## Calculating Cost of Food Sold

## Food Cost Formula

| Opening inventory |  |  | \$5,000 |
| :---: | :---: | :---: | :---: |
| + | Purchases | + | \$30,000 |
|  | Total food available |  | \$35,000 |
|  | Closing inventory | - | \$4,000 |
|  | Cost of food sold (COGS) |  | \$31,000 |

## How To Generate More Revenue or Profit

- Analyze all product costs to use the ones that will not compromise quality but will control expense
- Analyze procedures to maximize labor
- Pitchers on tables, leaving checks early
- Analyze your menu
- Is the menu so large it requires too much inventory (and waste)?
- Does it hide the profit makers?
- Fill that kitchen
- Partner with other operators
- Aggressively target take out (including drinks)


## Food Cost

The actual dollar value of the food used in a foodservice operation.

- The cost of food sold to customers
- The value of food that is given away or wasted or lost through "shrink"


## How To Control Food Cost

- Menu Planning
- Cross utilization
- Portion size and control
- Examples?
- Use all edible trim
- "Nose to tail eating"
- Plan production to avoid leftovers
- Plan to use leftovers
- EX. Baked Potatoes
- Order in small batches, especially on perishable items
- EX. Fresh herbs


## Food Cost Percentage

- Food Cost Percentage
- Should hover around $30 \%$ in most restaurants
- Your individual operation could be substantially lower
- Example: coffee or drink cart
- Calculating
- Percentage = food cost/menu price
- OR
- Wholesale price of food/restaurant sales = percentage


## Food Cost Percentage

$$
\begin{aligned}
& \text { Food cost } \div \text { Sales }=\begin{array}{l}
\text { Food cost } \\
\text { percentage }
\end{array} \\
& \$ 7,000 \div \$ 25,000=0.28 \text { or } 28.0 \%
\end{aligned}
$$

## Food Cost Percentage

## $A \div B=C$

$\mathbf{A}=$ Food Cost $\mathbf{B}=$ Sales $\mathbf{C}=$ Food Cost Percentage

What happens to $C$ if $A$ and/or $B$ change?

## Menu Price: Food Cost Percentage Method

- Choose your ideal food cost percentage.
- Determine the raw food cost of the menu item
- Calculate your price using the following equation:
- Price = Raw Food Cost of Item $\div$ Ideal Food Cost Percentage.


## Menu Price: Food Cost Percentage Method

- If your deal food cost percentage is $28 \%$, and your raw food cost is \$4.
- The equation will be as follows:
- \$4.00 (Raw Food Cost of Item) $\div 28 \%$ (Ideal Food Cost Percentage). The price you will use for your menu will be $\$ 14.29$.


## Recipes

Recipe- a written record of the ingredients and preparation steps needed to make a particular dish.

First, read through a recipe in its entirety to determine:

- Intended use
- Necessary conversions


## Recipes

- Measure ingredients accurately
- Make sure to use the right units of measure (each, bunch, dozen, etc.)
- Standardize recipes for increased efficiency


## Standardized Recipes

For a standardized recipe, include as many of the following items as possible:

- Name of dish
- Yield information
- Portion/Serving size information
- Ingredient names
- Ingredient preparation instructions
- Equipment needed
- Preparation steps
- Service information (garnish, plating)
- Holding and reheating information
- Critical control points


## Standardized Recipes

|  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Menu Price: | \$12.99 | Last Updated: August 12, 2020 |
| Ingredients | \# of Units | Unit Type | Cost per Recipe Unit | Ingredient Cost | Recipe Directions \& Process |
| Chicken | 4 | oz | \$0.06 | \$0.22 | 1) Get the chicken to come inside. |
| Rice | 12 | lb | \$0.12 | \$1.22 | 2) Read chicken a book. |
| Flour | 3 | oz | \$0.05 | \$3.45 | 3) Have chicken take a nap. |
| Cooked Pork Chops | 4 | lb | \$1.24 | \$0.25 | 4) Get chicken on the treadmill. |
| Rice | 5 | oz | \$0.25 | \$1.03 | 5) Pluck feathers from chicken. |
| Cream Cheese | 6 | oz | \$0.32 | \$0.45 | 6) Boil rice. |
| Chives | 2 | Tbsp | \$0.57 | \$0.01 | 7) Cook beans. |
| Beans | 3 | lb | \$0.23 | \$3.25 | 8) Mix everything together. |
|  | 3 | Ib | \$0.23 | \$3.25 | 9) |
|  |  |  |  |  | 10) |
|  |  |  |  |  | 11) |
|  |  |  |  |  | 12) |
|  |  |  |  |  | 13) |
|  |  |  |  |  | 14) |
|  |  | Recipe Cost: \$9.91 |  |  | 15) |
| - 5 |  | Portion Cost: \$2.01 |  |  | Plating \& Server Info |
| 0 |  | Food/Portion Cost: 18.60\% |  |  | 1) Put chicken on plate. |
|  |  | Gross Margin Per Portion: \$2.84 |  |  | 2) Place beans on left. |
|  |  | Portion Yield: 4 |  |  | 3) Place rice on left. |
|  |  | Comments: <br> Signature Dish Made to Order |  |  | 4) Pour cream cheese over chicken. <br> 5) Sprinkle chives over chicken. |

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## Recipe Calculations

- Scaling
- Converting
- Yield \%
- Translate from purchase units to recipe measurements
- Butcher's Yield Test



## Recipe Calculations

- Desired Yield $\div$ Original Yield $=$ Recipe Conversion Factor
- Number of Portions $\times$ Portion Size $=$ Total Yield
- APC (As Purchased Cost)
- As Purchased Cost $\div$ Number of Units = APC per unit
- As Purchased Quantity - Trim Loss = Edible Portion Quantity
- Edible percentage yield = \% of edible product after processing
- Original weight or count $\div$ after processing weight $=$ Yield Percentage


## Recipe Calculations

- Divide serving size by edible yield percentage.
- This will tell you how much raw product you need per serving.
- 6 ounces/. $75=8$ ounces
- Divide 16 ounces by the amount of raw product needed per serving
- This will tell you the number of edible servings you can get from one raw pound of roast beef.
- 16 ounces/8 ounces $=2$ servings
- Divide the number of guests by the number of edible servings per raw pound
- This will give you the amount of raw roast beef you must requisition.
- 110 servings $/ 2=55$ raw pounds



## Food Math Calculations

Edible Portion Quantity $\div$ As Purchased Quantity $=$ Yield \%

Edible Portion Quantity $\div$ Yield \% = As Purchased Quantity

As Purchased Quantity $\times$ Yield \% = Edible Portion Quantity

Edible Portion Quantity $\div$ Portion Size = \# of Servings

As Purchased Cost $\div$ Yield \% = Edible Portion Cost

## More Food Math Formulas

- Total Cost (recipe) $\div$ Yield $=$ Unit (serving) cost
- Edible Portion (EP) $\div$ As Purchased (AP) = Yield Percentage
- Cost of Food $\div$ Total Sales $=$ Food Cost Percent
- Recipe conversion:
- New Yield $\div$ Old Yield $=$ Conversion Factor
- EX. $15 \div 10=1.5$
- Multiply conversion factor by the amount of product to give you the new required for the new desired yield
- EX. $1.5 \times 48 \mathrm{oz}$ = 72 oz .
- The method of figuring menu pricing is to determine the monthly food percent and divide the food cost percent into the raw food cost
- Raw food cost $\div$ food cost percent $=$ menu or selling price


[^0]:    Recipes are not to be photocopied, duplicated, or otherwise shared with persons outside restaurant owner's establishment.

